



Dec. 2018

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Please, 500 words or less

# The Scoop

## Step Twelve

***“Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.”***

The joy of living is the theme of A.A.'s Twelfth Step, and action is its key word. Here we turn outward toward our fellow alcoholics who are still in distress. Here we experience the kind of giving that asks no rewards. Here we begin to practice all Twelve Steps of the program in our daily lives so that we and those about us may find emotional sobriety. When the Twelfth Step is seen in its full implication, it is really talking about the kind of love that has no price tag on it.

## Tradition Twelve

***“Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities.”***

The spiritual substance of anonymity is sacrifice. Because A.A.'s Twelve Traditions repeatedly ask us to give up personal desires for the common good, we realize that the sacrificial spirit – well symbolized

by anonymity – is the foundation of them all. It is A.A.'s proved willingness to make these sacrifices that gives people their high confidence in our future.

## Daily Reflections excerpt on the 12th Step

### Accepting Success or Failure

*Furthermore, how shall we come to terms with seeming failure or success? Can we now accept and adjust to either without despair or pride? Can we accept poverty, sickness, loneliness, and bereavement with courage and serenity? Can we steadfastly content ourselves with the humbler, yet sometimes more durable, satisfactions with the brighter, more glittering achievement are denies us? 12 & 12, p. 112*

After I found A.A. and stopped drinking, it took a while before I understood why the First Step contained two parts: my powerlessness over alcohol, and my life's unmanageability. In the same way, I believed for a long time that, in order to be in tune with the Twelve Steps, it was enough for me “to carry this message to alcoholics.” That was rushing things. I was forgetting that there were a total of Twelve Steps and that the Twelfth Step also had more than one part. Eventually I learned that it was necessary for me “practice these principles” in all

areas of my life. In working all the steps thoroughly, I not only stay sober and help someone else to achieve sobriety, but also I transform my difficulty with living into a joy of living.

### **Winner of the Central Office Birthday Raffle**

October winner: David P.

*Drop into Central Office during your birthday month and get your ticket for your free Birthday Raffle.*

**Show your gratitude, contribute \$1 to Central Office on your sobriety birthday for each year sober.**

## **Quotable Quotes**

*Collected by Dano B.*

Try to bring it inward. If I can't be honest with myself, then I can't be honest with others, then I can't hear God. *Holly*

It's good to be able to see when my triggers are being pushed rather than just reacting. *Tamara*

Your misery made me happy. *Laura, 30 day chip recipient*

I am just amazed that alcoholics can get together and be organized.

If I'm going to be divorced from self-pity, I'll need a good lawyer. *Jimmy*

Give me 24 hours and my little fact-fed mind turns to poison. *Kathy*

Six words that changed my life are "what can I do for you." *Jimmy*

My problem is that I don't think I have one. *Carrie*

Me, myself, and I are not a conversation. *Carrie*

When I take my focus off of others, there is only one thing left to focus on.

For the last 10 years, my main squeeze has been beer.

You can pick up your signed get well cards and gift cards after the meeting. *Ashley*

## **Word Game**

MEDITATION, MEMBERSHIP, NEWCOMERS, OBSESSION, PAIN, PRAYER, PEACE, PRIDE, RELIGION, SERVICE, AMENDS, ANGER, COURAGE, ENVY, FAITH, FREEDOM, GRATITUDE, GROWTH

F	P	A	I	N	N	O	E	F	N	A	C	E	O
F	R	T	P	A	S	P	S	P	O	I	G	D	C
P	A	E	G	A	R	U	O	C	I	G	R	U	O
I	B	I	E	P	E	A	C	E	S	O	E	T	T
H	A	T	T	D	M	E	I	R	S	R	L	I	R
S	M	D	T	H	O	R	U	E	E	O	I	T	B
R	E	T	Y	A	C	M	C	G	S	D	G	A	D
E	N	E	I	E	W	I	N	S	B	E	I	R	P
B	D	D	A	R	E	A	C	E	O	D	O	G	A
M	S	I	D	E	N	R	O	H	Y	V	N	E	O
E	G	R	L	N	O	I	T	A	T	I	D	E	M
M	I	P	P	E	R	E	Y	A	R	P	S	G	I
D	S	E	R	V	I	C	E	G	R	O	W	T	H
N	N	P	D	A	V	N	E	U	C	E	E	T	E

## **Business Meetings**

**A.V. Intergroup:** 1<sup>st</sup> Thursday of each month at 7pm at Central Office, 43619 17<sup>th</sup> Street West, Suite 106, Lancaster

**District 7 (General Service):** 2<sup>nd</sup> Saturday of each month at 9am at the Agua Duce Women's Club, 33201 Agua Dulce Canyon Road, Agua Dulce (link located on AV web site)

**H&I:** 2<sup>nd</sup> Sunday of each month at 10am at the Alano Club 104 E. Ave K-4, Suite J, Lancaster (Orientation at 9:30am for newcomers.) (link located on AV web site)

## **Coming Events**

### **Local Events**

Gratitude Feast  
Hosted by AV Round-Up  
Dec. 1, one day event  
AV Church  
3830 W. Ave L-8, Lancaster  
Cost \$15

**For additional and up to date information, go to:**  
[www.avcentraloffice.org](http://www.avcentraloffice.org)

## **Concept XII**

The Conference shall observe the spirit of A.A. tradition, taking care that it never becomes the seat of perilous wealth or power; that sufficient operating funds and reserve be its prudent financial principles; that it place none of its members in a position of unqualified authority over others; that it reach all important decisions by discussion, vote, and whenever possible, by substantial unanimity; that its actions never be personally punitive nor an incitement or public controversy; that it never perform acts of government, and that, like the Society it serves, it will always remain democratic in thought and action.

## **Maudlin Martyrdom**

“Self-pity is one of the most unhappy and consuming defects that we know. It is a bar to all spiritual progress and can cut off all effective communication with our fellows because of its inordinate demands for attention and sympathy. It is a maudlin form of martyrdom, which we can ill afford.

“The remedy? Well, let’s have a hard look at ourselves, and a still harder one at A.A.’s Twelve Steps to recovery. When we see how many of our fellow AA.’s have used the Steps to transcend great pain and adversity, we shall be inspired to try these life-giving principles for ourselves.” *Bill W. letter, 1966*

## **Companion and Partner**

“Dr. Bob was my constant companion and partner in the great A. A. adventure. As the physician and great human being that he was, he chose work with others as his prime A.A. vocation and achieved a record which, in quantity and in quality, none will ever surpass. Assisted by the incomparable Sister Ignatia at St. Thomas hospital in Akron, he – without charge – medically treated and spiritually infused five thousand sufferers.

“In all the stress and strain of A.A.’s pioneering time, no hard word ever passed between us. For this, I can thankfully say that the credit was all his.” *Bill W. letter, 1966*

## **I Am Responsible**

When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that: I am responsible.

*Declaration of 30<sup>th</sup> Anniversary International Convention 1965*

## **Our 7<sup>th</sup> Tradition: A Perspective**

VW Beetle used to cost \$1,465;  
Now a VW Beetle costs \$19,000.

Gasoline used to be \$.25/gal;  
Now Gasoline is \$3.65/gal.

A Soda used to cost \$.15,  
Now a soda costs \$1.75.

Jeans used to cost \$4.50,  
Now jeans cost \$75.

7<sup>th</sup> Tradition basket used to get \$1.00;  
Now the 7<sup>th</sup> Tradition basket gets \$1.00.

It doesn’t add up!

***We can do something about this.***

**Remember what a drink used to cost? A suggestion: put that amount into the 7<sup>th</sup> Tradition basket at least once a week.**

## **From As Bill Sees It**

Although financial recovery is on the way for many of us, we find we cannot place money first. For us, material well-being always follows spiritual progress; it never precedes.

# December 2018 Office Manager Report

	Jan - Oct '18	Nov '18	YTD Total
Sales of Goods	\$42,317.72	\$3,759.65	\$46,077.37
Expenses	(\$38,401.98)	(\$2,207.64)	(\$40,609.62)
Cost of Goods	(\$31,725.04)	(\$2,305.80)	(\$34,030.84)
Contributions	\$20,129.06	\$2,757.53	\$22,886.59
<b>Net Income</b>	<b>(\$7,680.24)</b>	<b>\$2,003.74</b>	<b>(\$5,676.50)</b>



## Contributions

Group	Jan - Oct '18	Nov '18	2018 Total
A Gathering of Women	\$50.00		\$50.00
Alano Club	\$0.00		\$0.00
AM Mod	\$3,427.42	\$1,091.06	\$4,518.48
Anonymous	\$1,080.05	\$326.36	\$1,406.41
Any Lengths Group	\$0.00		\$0.00
Arbor Court	\$120.00		\$120.00
AV Hospital - Rm #CR101	\$100.00		\$100.00
AV Men's Stag	\$1,299.54		\$1,299.54
AV Round-Up	\$673.78		\$673.78
AVYPBYOC	\$97.50	\$25.00	\$122.50
Birthday	\$344.00	\$37.00	\$381.00
Cal City Clubhouse	\$0.00		\$0.00
Clubhouse Meeting	\$57.00		\$57.00
Crown Valley Grp	\$720.00	\$37.00	\$757.00
Gathering of Women	\$50.00		\$50.00
H & I	\$0.00		\$0.00
High Desert BB Grp	\$1,729.23		\$1,729.23
High Desert Hospital	\$0.00		\$0.00
Intergroup Fundraisers	\$1,031.00		\$1,031.00
Into Action	\$216.00		\$216.00
Lake Hughes Men's Stag	\$180.00		\$180.00
Lake Hughes Friday Night	\$0.00		\$0.00
Lake Hughes Monday Night	\$136.79	\$46.75	\$183.54
Little Red Book	\$0.00		\$0.00
Mid-Day Mod	\$1,648.60	\$101.74	\$1,750.34
New Beginnings	\$8.00	\$20.00	\$28.00
Open Door	\$0.00	\$283.12	\$283.12
Palmdale Grp	\$1,020.56		\$1,020.56
Pearlblossom Grp	\$843.01	\$360.00	\$1,203.01
PM Mod	\$628.39		\$628.39
Quartz Hill Unity Grp	\$960.90		\$960.90
Rainbow Grp	\$8.49		\$8.49
Rosamond Sun Night	\$98.39		\$98.39
Rule 62 Grp	\$260.00		\$260.00
Sat AM Men's Stag	\$0.00	\$19.76	\$19.76
Sat Spkr Mtg - Alano	\$0.00	\$20.26	\$20.26
Spiritual Sunday - Alano	\$30.00		\$30.00
Step Workshop Mtg	\$0.00		\$0.00
Sun Night BBS	\$115.00		\$115.00
Thurs Night BBS @ Alano	\$0.00		\$0.00
We Care Grp	\$0.00		\$0.00
Wed Night BBS @ Grange	\$271.56	\$75.00	\$346.56
Westside Grp	\$0.00		\$0.00
Women in Progress	\$0.00		\$0.00
Women in Recovery	\$47.56		\$47.56
Women Seeking Serenity	\$386.90	\$226.00	\$612.90
Came to Believe		\$10.07	\$10.07
Dare to be Different		\$17.46	\$17.46
Friday Noon - Alano		\$10.25	\$10.25
The Promises - Alano		\$12.61	\$12.61
Tuesday Topic Mtg - Alano		\$15.82	\$15.82
Sobriety Rocks - Alano		\$22.27	\$22.27
<b>TOTALS</b>	<b>\$17,639.67</b>	<b>\$2,757.53</b>	<b>\$20,397.20</b>

Chelsea N.	12/30/2015	3	Debbie C.	12/19/2004	14
Keith H.	12/27/2015	3	James K.	12/25/2004	14
Judy	12/26/2015	3	John H.	12/25/2004	14
Jim M.	12/13/2015	3	Sheryl L.	12/18/2004	14
Ross	12/14/2014	4	Arnold S.	12/17/2003	15
Steve S.	12/29/2014	4	Carl W.	12/22/2003	15
Derrick	12/1/2013	5	Faith V.	12/8/2002	16
Janie G.	12/3/2013	5	Leroy P.	12/2/2002	16
Regina B.	12/9/2013	5	Mike Z.	12/24/2002	16
Denise H.	12/14/2013	5	Adrienne R.	12/17/2001	17
Angelina	12/15/2013	5	Donna H.	12/21/2000	18
Geno	12/17/2013	5	MaryAnn	12/28/2000	18
Margie H.	12/24/2013	5	Anthony H.	12/8/1999	19
Don C.	12/24/2013	5	Jerry M.	12/2/1999	19
Eddie A.	12/18/2012	6	Brenda D.	12/17/1998	20
Jennifer M.	12/29/2012	6	J.J. F.	12/10/1998	20
Sarah M.	12/31/2012	6	Latovia H.	12/31/1998	20
Stewart L.	12/23/2012	6	Gerv K.	12/16/1997	21
Alex W.	12/13/2011	7	Tim A.	12/1/1997	21
Anita H.	12/31/2011	7	Dawn N.	12/1/1995	23
Brandon E.	12/7/2011	7	Jim B.	12/22/1995	23
Cindy	12/30/2011	7	Anthony L.	12/13/1994	24
Jackie C.	12/6/2011	7	Jim M.	12/10/1994	24
Mark N.	12/12/2011	7	Mark B.	12/28/1994	24
Robert	12/26/2011	7	Shawn L.	12/21/1994	24
Sevasti	12/27/2011	7	Arisah M.	12/1/1993	25
Warren F.	12/14/2011	7	Jay W.	12/15/1993	25
Andy K.	12/22/2010	8	Jeff F.	12/2/1993	25
Cathy G.	12/17/2010	8	Yvette B.	12/1/1993	25
Rusty M.	12/2/2010	8	Keith B.	12/7/1992	26
Trevor B.	12/20/2010	8	Tauri B.	12/24/1992	26
Diane R.	12/9/2009	9	Alan H.	12/15/1991	27
David S.	12/16/2009	9	Marv K.	12/5/1991	27
Keri S.	12/17/2009	9	Ronny D.	12/11/1991	27
Paul	12/13/2009	9	Ausie G.	12/16/1990	28
Luis H.	12/7/2009	9	Ellen H.	12/28/1990	28
Michael A.	12/29/2009	9	Carol R.	12/19/1989	29
Aaron S.	12/24/2008	10	Sherman B.	12/29/1988	30
David H.	12/6/2008	10	Suzie K.	12/14/1988	30
Jeff C.	12/25/2008	10	Tim W.	12/31/1987	31
Christy W.	12/26/2008	10	Bob S.	12/16/1986	32
Jeff P.	12/26/2008	10	Dave A.	12/19/1986	32
Jennifer V.	12/7/2008	10	Jav W.	12/2/1986	32
John S.	12/7/2008	10	Nancy	12/9/1986	32
Luis C.	12/13/2008	10	Phil G.	12/4/1986	32
Nicole D.	12/10/2008	10	Keith-Scott D.	12/15/1985	33
Kelli T.	12/10/2007	11	Susie G.	12/13/1985	33
Rita W.	12/12/2007	11	Mike C.	12/31/1984	34
Sandy W.	12/18/2007	11	Nancy S.	12/31/1984	34
Tiffany D.	12/15/2007	11	Billy D.	12/12/1983	35
Josh R.	6/19/2006	12	Ann H.	12/8/1982	36
Mario V.	12/29/2006	12	John	12/31/1982	36
Don R.	12/13/2005	13	Kathy H.	12/8/1981	37
Maricela M.	12/19/2005	13	Carol C.	12/28/1980	38
Mary O.	12/7/2005	13	Jeanne B.	12/31/1978	40
Michelle R.	12/25/2005	13	Sandy N.	12/26/1978	40
Scott C.	12/7/2005	13	Phyllis C.	12/25/1976	42
Will S.	12/23/2005	13	Ed H.	12/1/1973	45
Barbara J.	12/9/2004	14	Fred B.	12/7/1967	51
Big J. West	12/26/2004	14			

**Get your groups birthday list to Central Office . . . That's how they appear here!**

Total Years = 2,069

## Managers Corner

You will notice that our office is in the red as we close out our eleventh month. This is a direct result from the decrease in contributions thus far this year. A full year since we announced this situation we've had to increase our prices. We remain hopeful the groups that elected to have a Central Office in the A.V. will support the office with their contributions.

**November's Birthday Raffle winner is David P ~ Congratulations!!**

## Thank You Saturday Volunteers!!

1st ~ Larry W. & Melissa V.  
 2nd ~ Wendy W. & Michaela O.  
 3rd ~ Stephanie S. & Leila N.  
 4th ~ Debbie L. & Danni-Lynn C.  
 5th ~ Christine F. & Chris T.

**Scoop 4**

Don't forget to visit us on the Web!

